



The 4th Jordanian International Physiotherapy Conference (JIPC)

22-23 June 2018

Regency Palace Hotel

Amman, Jordan

Conference themes

This event aims to bring together physiotherapy practitioners, educators, managers and researchers to showcase advances in Physical Therapy and responses to changing population, patient and service delivery needs. The congress program offers practitioners from variable backgrounds a collaborative learning opportunity to: learn about advances in physical therapy, engage in discussions, and share knowledge and expertise to demonstrate to stakeholders, other professionals and patients the role, value and impact of physical therapy on population.

The congress will be structured around the following themes and your abstract must be relevant to at least one of these themes:

- 1- Advances in Musculoskeletal problems.
- 2- Advances in Neurological rehabilitation.
- 3- Role of Physiotherapy in developing countries.

Conference Schedule

Day 1 Friday 22nd June-2018

Time	Speaker	Session
8:00-9:00 AM	Registration	
9:00-10:00 AM	Opening speech and Coffee Break	
10:00-10:45 AM	Dr. Sionnadh McLean Sheffield Hallam University	Enhancing patient adherence with prescribed therapeutic exercise: Challenges and solutions
10:45-11:30 AM	Dr. Laura Finucane IFOMPT Vice-president	'Reconceptualising red flags: A framework for clinical practice'
11:30 AM-12:00 PM	Dr. Alia Alghwiri University of Jordan	Vestibular Rehabilitation: An Update
12:00-12:30 PM	Dr. Jacqueline Swart Movement Performance Solutions	Movement choices at low back - are we doing enough to change mechanisms?
12:30 -2:00 PM	Lunch –Trade exhibition- Friday Prayer	
2:00-2:30 PM	Dr. Zaid Modhi Mansour The Hashemite University	Brain imaging in people with low back pain
2:30-3:00 PM	Dr. Saddam F. Kanaan Jordan University of Science and Technology	Meniscal and Articular Cartilage Lesion: Evidence on Examination and Intervention
3:00-3:15 PM	Coffee Break	
3:15-4:45 PM	Free Paper Sessions	
4:45-5:00 PM	Discussion panel	
5:00 pm	End of Day 1	

Time	Speaker	Session
8:00-9:00 AM	Registration	
9:00-9:45 AM	Dr. Siannadh McLean Sheffield Hallam University	Reviewing contemporary pain theory: Implications for clinical practice within a biopsychosocial and holistic framework
9:45-10:15 AM	Mahmoud Saad Sheffield Hallam University	Cervical spine management. An integrated approach.
10:15-10:45 AM	Coffee Break	
10:45-11:30 AM	Dr. Bhanu Ramaswamy Sheffield Hallam University	Utilising basic neurological theory to inform physiotherapy practice
11:30 AM -12:00 PM	Dr. Mayis Aldughmi The University of Jordan	Why PTs should care about Sleep?
12:00 -12:30 PM	Dr. Hanan Khalil Jordan University of Science and Technology	Neuro-rehab session
12:30-1:00 PM	Dr. Andrew Cuff Remedy House	Tennis Elbow: An Update on Best Practice
1:00-2:00 PM	Lunch Break	
2:00- 2:30 PM	Dr. Ala' Aburub Registered Physical Therapist (Ontario, Quebec)	Application of individualized measures in context of cancer rehabilitation
2:30-3:00 PM	Coffee Break	
3:00-4:45 PM	Free Paper Sessions	
4:45-5:00 PM	Discussion panel	
5:00 pm	End of Day 2	

Pre and Post Congress Workshops

21st June 2018

Speaker	Session	Notes
Dr. Siannadh McLean Sheffield Hallam University	Using exercise to modulate pain	<u>Limited seats 40</u>
Laura Finucane IFOMPT Vice-president	'Refer or Keep?' Clinical decision making when faced with possible serious pathology	<u>Limited seats 40</u>
Dr. Alia A. Alghwiri, PhD University of Jordan President of the Jordanian Physiotherapy Society	Physical Therapy Management for Vestibular Disorders	<u>Limited seats 30</u>

24th June 2018

Speaker	Session	Notes
Dr. Bhanu Ramaswamy Sheffield Hallam University	Translating underpinning neurological knowledge into physiotherapy practice	limited seats 30
Andrew Cuff BSc (Hons) MSc CMP SRP MCSP	Tennis Elbow Masterclass MWMs and Exercise Prescription	Limited seats 30
Mahmoud Saad Sheffield Hallam University	Integrated management approach for Mechanical Neck Pain	Limited seats 30
Jacqueline Swart Movement Performance Solutions	Targeting muscle synergies at the low back to improve function and reduce recurrence of pain	Limited seats 30